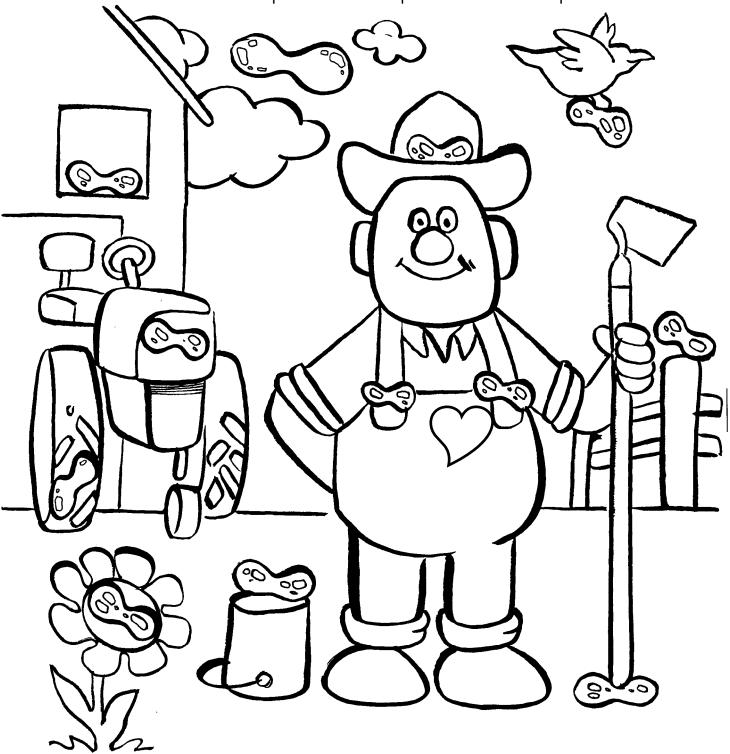
## NC Peanuts

Find the 12 hidden peanuts in the picture. Color the picture!



In addition to being so tasty, peanuts are a heart healthy food. Peanuts contain no cholesterol, and are a good source of protein, the B vitamins, vitamin E, fiber and many essential minerals.

Nutrition research scientists recommend eating a few nuts each day to promote a healthy heart. Do your heart a favor, have some peanuts today!

For more information about peanuts and more children's activities, visit our web site: www.aboutpeanuts.com